



The Messenger

A publication of
Southern Hills
United Methodist Church
2356 Harrodsburg Rd.
Lexington, Ky 40503

May 2011

LOVE AND OBEDIENCE

Mother's Day is coming up soon, on Sunday, May 8! Someone has made a list of nine things a Mother would never say. See if your Mom would ever say these things:

1. "How on earth can you see the TV sitting so far back?"
2. "Yeah, I used to skip school a lot, too."
3. "Just leave all the lights on . . . it makes the house look more cheery."
4. "Let me smell that shirt. Yeah, it's good for another week."
5. "Go ahead and keep that stray dog, honey. I'll be glad to feed and walk him every day."
6. "Well, if Timmy's mom says it's OK, that's good enough for me."
7. "The curfew is just a general time to shoot for. It's not like I'm running a prison around here."
8. "I don't have a tissue with me . . . just use your sleeve."
9. "Don't bother wearing a jacket, the wind-chill is bound to improve."

May Sermon Titles

May 1 - Youth Sunday

"The Fruit of the Spirit: Keys to Healthy Relationships"

May 8 - "The Fruit of the Spirit: Love",
Colossians 3:12-17

May 15 - "The Fruit of the Spirit: Joy",
Philippians 4:1-9

May 22 - "The Fruit of the Spirit: Peace",
1 Peter 3:8-18

May 29 - "The Fruit of the Spirit:
Patience", Romans 14:19, 15:1-6

Well, someone has to make sure we all survive childhood. And usually that task falls to Mom!

A good lesson for Mother's Day begins like this: *"If anyone loves me, they will keep my word. . ."* That is what Christ says to us in John 14:23. Jesus said to His disciples, *"If anyone loves me, they will keep my word ["obey my teaching" in the NIV] and my Father will love them, and we will come to them and make our home with them."*

Obedience is important to our spiritual lives. But, obedience is also an important part of helping a family run smoothly.

A professor was giving a lecture on company slogans and was asking his students if they were familiar with them. "Joe," he asked, "which company has the slogan, FLY THE FRIENDLY SKIES?" Joe answered with the correct airline.

"Brenda, can you tell me which company has the slogan, DON'T LEAVE HOME WITHOUT IT?" Brenda answered quickly with the correct credit card company.

"Now John, tell me which company bears the slogan, JUST DO IT?" "That's easy," John answered, "It's my Mom."

Nike probably stole their motto from someone's Mom: "JUST DO IT." Why? "BECAUSE I SAID SO!"

Jesus said to his disciples that there is an undeniable link between love and obedience. We can threaten a child to be obedient. We can punish an act of willful defiance. But the only way that our children will internalize the values we want for them will be if they know they are connected to us by a bond of love that cannot be broken. It's the same in our relationship with God.

Bill

Ministry ~ Rev. Dennis Burrows

We believe that this faith should manifest itself in the service of love as set forth in the example of our blessed Lord, to the end that the kingdom of God may come upon the earth. Amen.

Arthritis!!!!!!!!!!



Never a pleasant word; however, it means joint inflammation. Pain, stiffness and swelling in the joints usually makes one stop and think about arthritis and what it means.

Here are a few of the common questions when the signs and symptoms point to arthritis:

Is it really arthritis or did I injure myself?

Should I go to the doctor?

Will it go away?

What are treatment options?

What should I do?

The first signs and symptoms of arthritis can be confusing, especially if we have been recently injured. Be careful on how long before getting a proper evaluation by your physician. There are many different types of arthritis; therefore, symptoms as well as treatments can be variable. A rheumatologist can assist each individual in determining the best course of treatment. The Health and Wellness Ministry Team encourages all SH members to be evaluated if you feel a problem exists.

The Kentucky United Methodist Homes for Children & Youth FUND-RAISER

A Trip to the Ball Game



Tuesday, May 17

Game time 7:05 p.m.

Tickets \$8

(Over 60% of admission goes to our ministry of hope!)

We will have one participant throw the first ball out, and have each participating churches' name presented on the "Big Screen" so all will know who is present. We will have a great time of friendship and community. Remember that the more the merrier and the larger our FUNd-time will be. Call Ken, toll free at 877-887-4481 or e-mail Ken.Proctor@KYumh.org for tickets!

Thank you, Luanne Bullock

Grief Support Group



Spouse Loss Support Group

A five-week support group for individuals who have lost a spouse or significant other:

Thursday evenings

May 26 - June 23

6 p.m. - 7:30 p.m.

To register please call 277-2700 or email us at:

lsandlin@hospicebg.org

Please register by May 23 to attend these sessions.

Hospice of the Bluegrass

Center for Grief & Education

2312 Alexandria Dr., Lexington, KY 40504

BACKPACK MINISTRY FOR ARLINGTON ELEMENTARY SCHOOL CONTINUES THIS FALL!



We are beginning to plan for a second year of Backpack Ministry at Southern Hills, to help combat pervasive hunger in our Fayette County schools. We partner with The Rock/La Roca, our mission church on North Limestone, right across the street from Arlington Elementary School. Our volunteers gather at La Roca each week to pack the backpacks with nutritious food. The backpacks are taken home by the children on Friday, and the empty packs are returned on Monday. This assures that the kids have food on the weekends when they are away from the Free Lunch program that sustains

them on school days.

We have heard the story from enough teachers and school officials in town - children are coming to school hungry. Many teachers even keep food in their desks to stave off the hunger pangs which are actually a factor in a child's inability to learn. At Arlington Elementary, 91% of the children are on the Free Lunch program. Being on this program means the children are at significant risk of being without food because of the extreme poverty of their parents and families. We continue to hear stories of families eating in shifts - some eat the available food one day, others on the next. School administrators say that our Backpack Ministry, which has helped every needy child, has made a very positive impact on the lives of kids at Arlington. During this present school year we have provided packs for 230 children.

Beginning in June, Southern Hills members will once again be asked to contribute to the support of the Backpack ministry. \$100 will underwrite the food for a single backpack for an entire school year. When the time is right, please consider making a contribution to support this vital program that helps our kids in North Lexington. Thanks!

Pray for Paul and Marty Law - Missionaries to the Congo

CARE NOTES ARE PART OF OUR MINISTRY OF CARE

Are you or your family dealing with a difficult medical diagnosis, or the grief of the death of a loved one? Stephen Ministers are available to "walk alongside" during these times. There are also some very helpful booklets to serve as a resource during these days. With titles such as "When Your Spouse Has Cancer", "Dealing With The Anger That Comes With Grief", "Taking The Time You Need To Grieve Your Loss", and others, they are written by specially-trained professionals with experience in these areas. Your situation is unique, but it can also be helpful to know how others who have gone through similar circumstances have reacted – their questions, their fears, their uncertainties, their ways of coping. The booklets contain all this – and more. They are called CareNotes, and you will find them in a special rack in the hallway near the library. The booklets are provided by SHUMC's Stephen Ministry program for you to take for free, and to share with others.

C.A.A.R.E.
Stephen Ministers...

C reate an
A tmosphere of
A cceptance
R eassurance of God's love and
E ncouragement.

If you would like to talk to a Stephen Minister who "caares," please contact one of SHUMC's Stephen Leaders: Rev. John Hatton, Jo Palmer, Barbie Lally or David Bowles at 277-6176.

Discipleship ~ Rev. John Hatton



It is often said during worship or from the pulpit that we are an “Easter People”. I’m sure many people have asked, “What does that mean?” That is a great question! In the early church, especially in the first century, many early Christians were Jewish. They were used to going to synagogue and worshipping God on the seventh day of the week – Saturday. This day was linked with the seventh day of creation for these Jewish Christians and they, being Jewish, knew that this was to be a day of rest and worship.

An interesting change occurred after Jesus’ resurrection, however. Early Christians were so profoundly moved by the resurrection of Christ that they saw profound evidence for the renewal of the first creation through the resurrection of Jesus Christ. This broken creation, spoiled by humankind, was redeemed by Jesus Christ on Easter morning and we were entering into an era of new creation in Christ. (2 Cor. 5:17 & Gal. 6:15) Therefore, in addition to worshipping on the seventh day of the week, early Christians began assembling together on the first day of the week to rejoice in the resurrection. (Acts 20:7 & 1 Cor. 16:2) Sunday is in effect a “mini-Easter” every week because we celebrate resurrection.

Yet our Sunday worship is more than just remembering the past and celebrating the foundational gift that has been given to us through Christ and the Church gone before us. Sunday worship is also about looking to the future to the Day of the Lord when he will return and redeem creation and we will live and reign with him forever. On Sunday, we do both things: 1) Remember Easter morning and 2) Look forward to the Lord’s return and creation’s final and full redemption. Past and future are drawn into the present at this intersection of time we call “Sunday Worship” and we remember who we are and where we are going together.

This Sunday, as you walk through the sanctuary doors, remember that while we do many things in the course of the worship service it is primarily about giving praise to the Father for what he has done for us through the death & resurrection of his Son *and* our preparing for a grand and glorious day – the Day of the Lord.



**“Deliverance Frees us,
community binds us, the
image of Christ defines us”**

-The Source focuses on Hebrews 5:9b: *“He became the Source of eternal salvation for all those who obey Him.”* Christ’s love and sacrifice is a constant reminder and motivator for all actions in our day-to-day lives. We are called to be a unique, radical people to build lasting relationships with any and all around us. I invite you to browse the ministries available here and to our services (9:30am in the activities building) to see how we can work together to impact each other, Lexington, and the world for Christ.

-Adam Vodicka, Pastor

• Step-By-Step – We have partnered with a ministry here in Lexington that reaches out to inner-city single mothers ages 18-24. We help with transportation to this event, childcare, food, and discipling the mothers. This event is every other Thursday from 6:30-9:00pm at Immanuel Baptist Church. The meetings in May are May 5th and May 19th. These are the last ones for the year!

• Guatemala 2011 – Don’t forget to support all your fellow brothers and sisters that are going to Guatemala

to aid in building a church! If you would like to know how to donate or pray for an individual, e-mail Pastor Adam at avodicka@southernhillsumc.org. To financially support the trip, you can donate to the rummage sale now up until June 11th, fill out a survey for Guatemala at the education or activities building doors, buy candy bars, and come to the Guatemalan Dinner on May 1st. Most importantly, we can all use your prayers!

• Source Small Group – We have a small group that meets every Sunday morning at 11pm in the activities building. We are currently studying the implications in the book of Matthew. Please come and enjoy fellowship with each other! E-mail Stephanie Moore at sdm528@gmail.com for more info.

• UK Wesley Foundation Day – On May 7th... Bill Hughes, the UK Wesley director, will be giving us the sermon in The Source with UK Wesley students leading in worship. Please come as this will be a special time at 9:30am!

Sermons in May

May 1st – Youth Sunday (Source will be in main Sanctuary!)

May 8th – Bill Hughes, UK Wesley Director, preaching

May 15th – Remember Me? (Acts 2:14, 26-41)

May 22nd – A World of Holiness (1 Peter 2:2-10)

May 29th – Memorial Day: Who is Truly “free”? Isaiah 49:8-16, 1 Corinthians 8:9-13

www.sourceworship.com



SHUMY YOUTH GROUP



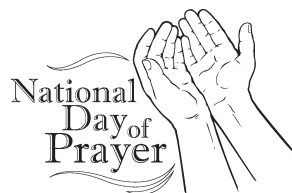
Remember your Timothy Partner - If you have signed up for the Timothy project, please remember to pray for and encourage your Timothy partner! Also make sure that you have your calendars marked for June 5th for the banquet where you can meet your partner and have some fun with them.

Youth Sunday - Youth Sunday is May 1st! Our youth will be leading the services in the sanctuary with speaking, prayer, scripture reading, music, and ushering. Please see or call Adam if you can help in any of these areas. We need ALL to attend and help to make this a great experience!

Backpack Ministry - Our youth group helps the Southern Hills backpacking ministry every third Wednesday of every month and we need your help! If you are a youth and would like to participate, be at the church at 5:00pm every third Wednesday...you get a cool SHUMY service tee shirt for coming!

Hey Graduates!! Senior Salute is May 29th! We will be honoring you in the 9:30am and 11:00am services. If you plan on attending, please let Adam know. There is a survey you need to fill out along with a wallet photo of you. Also, seniors, if you would like to talk during our Youth Sunday service on May 1st, please sign up with Adam.

***REMINDER – SHUMY** service day is May 14th! Talk to Adam if you want to serve the community that day. Also, remember your Ichthus money to get discounted tickets!



**Thursday, May 5
7:00 p.m. at First United
Methodist Church**

A MIGHTY FORTRESS IS OUR GOD


Please join several local Methodist Churches as we unite in Prayer, Praise and Worship to Almighty God for our Great Country. Come to call on the Holy Spirit to lift up the foundations on which this country was built, the prayers of our nation’s fathers and mothers, our present leaders, land and people in this our time of uncertainty and need of wisdom! A special *Children’s Prayer Gathering* is planned for Grades K – 5th. Nursery care for younger children is available.

SAFE SANCTUARIES MEETING
Saturday, May 7
10:00 a.m. to 2:00 p.m.
in Herren Hall.
Lunch will be provided.
Contact Adam Vodicka if interested.

Bible Studies: High School guys – Waffle House on Wednesday mornings, 7am (led by Adam Vodicka)
High School girls – Vodicka house on Tuesday nights, 7pm (led by Kate Vodicka)
Middle School guys and girls – Fireside Room on Sunday mornings, 9:30am (led by Jeanie Thomas)
Middle School guys and girls – Youth House on Wednesday nights, 7pm (led by Cory and Jeni Fetzer)

Website - Our new website has launched! You can find us at www.shumyouth.org J Also, facebook us!

We invite all of our middle school and high school age students to come worship with us on Sunday nights at 5:00 p.m. Come check out youth group and bring a friend!
-Adam Vodicka and Cory Fetzer

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• All proceeds go to the
• Guatemala Mission
• T r i p . Thursday,
• June 9th and Friday, June
• 10th, will be drop off days
• at the church. Anything
• left-over will be donated to the Salvation
• Army. The sale will be from 8:00 a.m. till 3:00 p.m. and
• whatever’s left will be available for the church
• members to peruse on Sunday morning, June 12th.
•
• 

From the Business Office ~ Bill McKinney

Just a few reminders:

- Please make your checks payable to Southern Hills, even when they are for special missions/offerings, etc. Otherwise, we have to mail your checks to the other organization separately. For example, our "One Great Hour" offering should be made to Southern Hills, not "One Great Hour" or UMCOR.
- Remember to use and reload your Kroger gift cards — we receive over \$600/mo from this easy to use program.
- We are still accepting applications for our automatic pledge system — contact me for more information.

We replaced the main church entrance doors by Easter as planned—this project complements and enhances our new canopy. Additionally, we began the Sanctuary HVAC replacement project and hope to have it completed by mid-May, before the really warm weather arrives.

We continue to experience outstanding support for this church and its missions, as reflected in the following Income/Expense report.

Respectfully,
Bill McKinney

Current Income / Expense		
Thru 15 Apr 2011		
	(in thousands)	% Budgeted
INCOME		
SHECP	273	28.1
Contributions	408	32.2
Other Income	20	35.7
Total Income	701	30.5
EXPENSES		
SHECP	289	29.7
Capital	45	37.1
Property	42	28.1
Personnel	223	29.5
Administrative	53	24.8
Education & Worship	11	21.4
Leisure & Outreach	16	55.2
Total Expenses	679	29.6
Balance	22	

United Methodist Women



The Pat Herren Circle will meet on Tuesday, May 10th, at 9:30 a.m. in the Fireside Room. John Hatton will speak on "The Wesley Boys".

The Faith Susannah Wesley Circle will meet on Wednesday, May 11th, at 9:30 a.m. in the Fireside Room. The speaker will be Laurie Dorough from the

Faith In Action Organization.

The Sarah Bagby Circle will meet on Wednesday, May 11th, at noon in the Fireside Room. Kaitlin McGuire, Education Information Coordinator for UK Sanders Brown Center for Aging, will speak on how to keep our brains healthy as we age.



We received a nice thank you note from the Reciprocity Committee of the PEO for all the hard work that our women do to put on the dinner for them. They included a check for \$50.00 for our charities to show their appreciation.

The Sarah Bagby Circle would like to thank everyone who supported our flower sale.

Our May Fellowship Potluck Dinner

Wednesday, May 4

6:30 p.m. in Herren Hall.

We will be honoring multi-generations, and the evening will include a special tribute to each of our graduating senior girls.

Our Expectations for Worship



“If you keep silent, these very stones will cry out...” Those words kept going through my mind as I experienced worship at Southern Hills, recently. It was Palm Sunday, and the text, sung by our Chancel Choir, was adapted from Luke 19:38-40, the passage where Jesus was reprimanded by the Pharisees for His disciples’ loud praise to God. The disciples could not contain themselves; their hearts were yearning to praise. I sensed, on Sunday, that the hearts of our congregation were much the same. Before the formal service began, our Love Notes Choir prepared us for worship by singing a wonderful rendition of “Ho, Ho, Ho, Hosanna.” During the song, 3 year old Emma Storch desperately wanted to hug her mother, Charity, who directs the choir. Emma was persistent until her mother acknowledged her need for affection and reciprocated. For Charity, it was an unnerving and poorly timed moment. For many of us, it was a glimpse of the Holy One. God delights in us and in our offerings of praise and adoration and uses us, sometimes in spite of ourselves, as we honor Him through worship. The service itself was not without its imperfections, but somehow God took everything that happened and gave us each a glimpse of His glory... All we had to do was to become aware of God’s presence in our midst. The children waving their palm branches, the music that was offered, the words that were spoken...even the rattling of our papers as we turned the pages of our bulletins during the reading of the Gospel lesson... all seemed to honor and glorify God. I believe that God took those offerings and returned them to us in the form of a blessing. I believe that God waits for us, delights in us and is in communion with us as we worship together.


As you prepare for church next Sunday, I invite you to be intentional about your expectations for worship. *Expect* God’s holy presence in all that we do together. Look for God’s presence, not only in our acts of worship, but in one another, and *expect* to be transformed.

The Ministry of Our Liturgists

During the liturgical Season of Lent, we have had fourteen different Lay Readers, offering their gifts during our traditional worship services. Their presentations have been warm and welcoming, and special care has been taken to make certain that our Scripture lessons have been offered in a clear and deliberate manner. Special appreciation is extended to:

Marvin Bartlett, Patti Bridges, Phillip Copher, Lois Dixon, Margie Groves, Judy Haywood, Tom Herren, Stu Johnson, Oran Little, Marvin Mills, Sharon Moore, Ed Pavlik, Ruth Ann Storrow, and Cliff Tibbits.

Because this enhancement to our worship was such a success, we would like to continue this ministry. If you are interested in being a liturgist, please contact Joan Wooden.



*A Service of Prayer
and Holy Communion
in the Style of Taizé*

**May 18, 2011
6:00 p.m.**



Children’s Choir Season Finale: *Oh, Jonah!*

You are invited to attend the final presentation of our children’s choirs for the 2010-2011 school year. Our Love Notes Choir, under the direction of **Charity Storch**, will present a collection of songs that they have been preparing, and our Elementary Choir will present a musical, *Oh Jonah!*, by Allen Pote and Carole McCann. After both performances, awards will be given to all participants. Please make plans to attend this exciting program, which will be presented in our sanctuary on Sunday, May 22nd at 4:00 p.m.



**Southern Hills
United Methodist Church**

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May 2011

Return Services Requested



Ministers: Dr. Bill Moore
Rev. Dennis J Burrows
Rev. John Hatton

Children's Ministry News



**We need Sunday School
volunteers for this summer!**

Our "regular" teachers will be taking the summer off. This is a great opportunity to serve Him- and what better way than through His children? Contact Ivy @ 221-1744 or ivy_devoe@insightbb.com if you can help!



June 12-16
5:30-8pm
Ages 3 years- 5th Grade

Childcare provided for volunteers
with children under 3 years!

VBS Planning Meetings:
May 15 @ 4pm,
May 23 @ 6pm,
June 5 @ 4pm

Our worship services may be heard on 630 WLAP-AM radio every Sunday at 8:30 A.M., brought to you by Quantrell Cadillac, Volvo and Subaru and Al Torstrick Insurance.