



# The Messenger

A publication of  
Southern Hills  
United Methodist Church  
2356 Harrodsburg Rd.  
Lexington, Ky 40503

April 2011

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*From the Senior Pastor:*

## HE PRESENTED HIMSELF ALIVE

Robert Lewis Stephenson, on one of his voyages to the South Seas, told about a terrific storm that frightened all the passengers. One man finally went out on deck and watched the captain pace the bridge, calm and undisturbed. He came back to the cabin where the passengers were huddled together and said to them: "I have seen the captain's face, and all is well."

It was that kind of word that Mary Magdalene and the other Mary carried back to the disciples on that first Easter morning. It is significant, that in a time when women were less than second-class citizens, the first people to have a personal encounter with the resurrected Jesus were faithful and devout women.

In Matthew 28 we see how the women went to the tomb without faith or expectations. But suddenly they were met by an angel who responded immediately to their fear: "*Do not be afraid; I know that you are looking for Jesus who was crucified. He is not here for he has been raised, as he said. Come see the place where he lay*" (v. 5). It was from that experience of despair, that had been transformed into hope, that those women ran quickly with fear and great joy to carry the word to the disciples. But the presence of the angel was not enough. As the women ran wildly from the Garden, Jesus met them, saying, "*Greetings! ...do not be afraid; go and tell my brothers to go to Galilee; there they will see me*" (V. 9).

In Acts 1:3 we read: "*After his suffering he presented himself alive to them by many convincing proofs.*" Here we have the pivotal event in the Gospel story, because the story of Jesus does not end with his death. That story gets a new chapter with the Resurrection. The crucified Lord is risen and back in business! At one point He was present with 500 people. I don't know a more powerful line in the Bible or in all literature for that matter: "He presented Himself alive." Just let that truth tumble around in your mind.

How does Christ appear to you? And if Christ hasn't appeared to you lately - why not? If you think God only visits on Sundays, maybe you need to start looking at different parts of your life, different days in your week, in order to rediscover God's presence there.

Jesus' physical appearance on this earth was just the beginning of the Greatest Story ever Told. For a few, like Simon Peter and the rest of the disciples, the physical presence of this living, breathing Jesus was enough impetus to effect radical change in their lives. But God's salvation story came into full bloom when the Resurrection took place. For the rest of us, then, it is through the appearance of the resurrected Christ in our daily lives that we may experience the transforming power of His love.

He is Risen!

Bill

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### Sermon Series: Choosing the Way of the Cross

April 3 "The Path from Gethsemane to the Lord's Table" Matthew 26:36-46, Rev. John Hatton

April 10 "A Courtroom Encounter", Matthew 26:11-26

April 17 "Triumph and Tragedy", Matthew 27:32-56

April 24 Easter Sunday, "Children of Laughter," Matthew 28:1-10

**Purpose Council Meeting, April 17 - Administrative Board Meeting, May 1**

## Ministry ~ Rev. Dennis Burrows

We believe that this faith should manifest itself in the service of love as set forth in the example of our blessed Lord, to the end that the kingdom of God may come upon the earth. Amen.

2010 was a banner year in the life of Southern Hills United Methodist Church. In all, members and groups within Southern Hills gave over \$118,000 to ministries, missions and areas of service from helping with the homeless here in Lexington to missions in Africa, North Korea and Guatemala. This number is from identified giving, but what we know is that individuals often give directly to different ministries not wanting their giving to be "scored." Furthermore, this only identifies monetary gifts as there is no way we can track the countless hours that the people called Southern Hills give. As a member of this church say thanks to God who has been so good to us, give yourself a pat on the back for all you have been able to do and then let's get back to serving God and others as we are called to do.

Dennis Burrows

Serving 2010			
Adopt a Family	8,380.00	Habitat for Humanity	100.00
Aldersgate Camp Scholarships	1,025.00	Habitat For Humanity - Workers' Lunches	70.00
Arlington Back Pack Meals	14,022.00	Hope Center for Women	263.79
Books for Children	375.00	Hope Center for Women collections	994.00
Communion Fund	7,485.43	Hospice of the Bluegrass	50.00
God's Pantry	276.00	Helping Hands - Alzheimer's Assoc.	50.00
Habitat for Humanity	6,000.00	Henderson Settlement	75.00
Haiti Relief	15,333.00	Hug Buddies	770.00
Methodist Home	4,685.00	La Roca Camp	102.50
Myron Beal Toys	2,032.00	LWC - Clothe A Child (Lexington Women's Club)	100.00
Nathaniel Mission	1,240.00	Methodist Home	800.00
Nothing But Nets	1,190.00	Methodist Home - Snacks & movies	85.48
Red Bird Mission	1,750.00	Methodist Home - School Supplies	100.00
Room In The Inn Expenses	1,988.00	Methodist Home - Christmas Stockings	86.00
Room In The Inn Gift Cards & Bus Passes	450.00	Methodist Home - Treats for Residents	189.00
ROSM	600.00	Military Missions Care packages	200.00
Seekers	1,290.00	Mountain Missions - Cleaning Supplies	500.00
Shoebox Ministry	662.00	Nathaniel Mission	1,545.00
Source Hospitality	3,000.00	Nathaniel Mission Collections	1,091.00
Stephen Min. carenotes & rack	110.00	Nathan's Hope	175.00
Stephen Ministry Leader Training	2,100.00	Red Bird Mission	75.00
SHUMC Landscape Mulch	168.00	Room in the Inn	225.00
SHUMC Martha's Hands	1,720.00	Room in the Inn Meal	133.00
SHUMC Bread Ministry	300.00	SHUMC - Daycare Costumes	250.00
SHUMC Hospitality	3,000.00	SHUMC - altar flowers	105.00
SHUMC Photography Expenses	120.00	SHUMC - VBS	100.00
UMC Kentucky Conf. - Human Relations	57.00	SHUMC - Mission Education -Lee Family	225.00
UMC KY Conf. - One Great Hour of Sharing	316.00	SHUMC - Children - Equipment	300.00
UMC Kentucky Conf. - Native Americans	195.00	SHUMC - Kitchen Remodel	3,750.00
UMC Kentucky Conf. - World Communion Day	150.00	SHUMC - Children's Ministry	270.00
UMC Kentucky Conf. Paul & Marty Law Mission	350.00	SHUMC - Children's Ministry - Easter Eggs	150.00
UK Wesley Foundation	480.00	SHUMC - Communion Fund	100.00
Wesley Village	1,028.00	SHUMC - Foundation Fund	275.00
Youth Suppers & Support	1,500.00	SHUMC - Falderal - 26 cakes	300.00
Youth & Source Mission Trip	1,000.00	SHUMC - Chrismons	25.00
		SHUMC - Youth Trip to Guatemala	700.00
		SHUMC - Christmas Gift to Custodians	50.00
		Step By Step - Collections	200.00
		Wesley Foundation UK	1,025.00
		Wesley Foundation Meal	190.00
		Wesley Village	100.00
		UMCOR - 139 Haiti Health Kit Value	1,957.12
		UMCOR - Baby Kit Value	400.00
		UMCOR - Mailing Haiti Health kits - 139 kits	347.46
		UMW Conference - Art and School Supplies	50.00
		UMW District - Baby Blankets	240.00
		YUM Circle Start up	25.00
		Cards to church members	61.60
		Senior Girls Gifts	42.32
		UMW Membership Development	1,744.72
		Total	34,449.86
		<b>Grand Total</b>	<b>118,827.29</b>



## GUATEMALA LUNCH FUND RAISER

Join us **Sunday, May 1** from 11 a.m. - 1:00 p.m. in Herren Hall to enjoy a Guatemalan lunch and music to raise funds for supplies and materials to be used during the mission trip this summer, July 30 - August 6, 2011, in Magdalena, Guatemala.

**Reservations are required!** Reservation forms can be found in the Sunday morning bulletins on April 10 and 17. Or you may call the church office to make your reservation. Menu will be pico de gallo with chips and salsa, avocado and black bean salad, cabbage slaw, doritos chicken casserole, spicy, shredded beef with rice, build your own ground beef tacos, fresh fruit, and tres leche cake.

*Contributions greatly appreciated!*

## Are You Getting Enough ZZZ's

A recent study by the Centers for Disease Control and Prevention reported that more than a third of U.S. adults sleep less than seven hours a night. There are many possible side effects which include physical, mental, behavior and even appearance. Some individuals experience headaches, blurred vision and dizziness, while others may notice the mental side effects such as the inability to focus, to concentrate or struggling to remember things. Lack of sleep can cause difficulty making decisions and one's thought patterns may become repetitive while creativity declines.

Our modern culture is a common place for sleep deprivation. Oftentimes, one's mind becomes over-active with too many items needing to reach completion before the night's rest begins. Sleep problems may occur with chronic pain or a condition where the pain is worse at night. Try practicing routine sleep procedures such as the avoidance of caffeine, nicotine or strenuous exercise prior to bedtime, make a "tomorrow list" giving permission to relax and enjoy the night's sleep and have a regular bedtime and awakening schedule. The Health and Wellness Ministry would also like to remind you, it is important to consult a health care individual should sleep become more of a disorder than a problem.



New Prayer Shawl Ministry Developing: Would you like to knit or crochet and would like to bless others with your gift, this new ministry at SHUMC is calling you. A prayer shawl is a visual expression of the Mystery of God that can be used to comfort those in need or grieving. They can be used in celebration, as well. Contact Gail Isaac at 223-8172 if you are interested or for more information.

## Campbell's Labels for Education

The Methodist Children's Home in Versailles is no longer participating in the Campbell's Labels for Education program. We will continue to collect the labels here at Southern Hills but will now send them to the Red Bird Mission at Beverly, Kentucky. They have had great success in collecting the labels and using them to purchase many needed items such as computers, vans, etc. Please continue to save the UPC codes from Campbell products and put them in the UMW mailbox in the business office. Thank you for your support of this worthwhile project. Contact person is Virginia Liptrap.



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## Discipleship ~ Rev. John Hatton

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This is the time of year when we evaluate our spiritual lives or “take our spiritual temperature.” As you journey through Lent this year and you find that God is placing within you a desire for more spiritual growth in your life, consider an old practice that many saints of the church have practiced in years past – a Rule of Life. Saint Benedict composed a document entitled *The Rule of Saint Benedict* in the sixth century for the guidance of his monks at Monte Cassino. Since that time, the Benedictine Rule has become the basis of the way of life for monastic communities all over the world who desire their work, sense of community, and attention to God’s Word to be focused with great purpose on growth in the Lord.

While you can always read St. Benedict’s Rule, you can also make one up yourself. Put down on paper what daily habits that you feel called to – this will be your Rule of Life and your guide for deeper growth in Christ. These habits may be daily prayer, daily reading of a Psalm, or daily study of the Bible. You can also write down in your personal Rule of Life what you feel called to on a weekly or monthly basis. Perhaps you feel called to weekly communion that we have in the Prayer Chapel every week. Perhaps it is an accountability group that you meet with on a consistent basis who give you support and hold you accountable to growth in Christ. Take your Rule of Life and place it in your Bible and then attend to the things you have discerned are important for your growth as a Christian.

Old fashioned? Sure, but there is much wisdom that we can learn from those who have gone before us. St. Benedict knew that we, like Israel out in the wilderness, are a fickle people. The spiritual discipline that a Rule of Life can bring us enables God to speak to us and mold us as we grow in Him. I look forward to journeying with you...

John Hatton, Lent 2011

### “Stephen Ministry: Caring for Hurting People”

You are the front lines of caring ministry at SHUMC. Throughout the week, as you meet and greet those around you, think Stephen Ministry. If you see people who are downcast or struggling through difficult times, think Stephen Ministry. Tell them about this special ministry in our congregation where they can receive the extra love and care they need to make it through the challenge or crisis they are facing. Contact one of SHUMC’s Stephen Leaders: Rev. John Hatton, Jo Palmer, Barbie Lally or David Bowles at 277--6176.



### **“Deliverance Frees us, community binds us, the image of Christ defines us”**

The Source focuses on Hebrews 5:9b: “*He became the Source of eternal salvation for all those who obey Him.*” Christ’s love and sacrifice are constant reminders and motivators for all actions in our day-to-day lives. We are called to be a unique, radical people to build lasting relationships with any and all around us. I invite you to browse the ministries available here and to our services (9:30am in the activities building) to see how we can work together to impact each other, Lexington, and the world for Christ.

-Adam Vodicka, Pastor

• **Step-By-Step** – We have partnered with a ministry here in Lexington that reaches out to inner-city single mothers ages 18-24. We help with transportation to this event, childcare, food, and discipling the mothers. This event is every other Thursday from 6:30-9:00pm at Immanuel Baptist Church. The meetings in April are the 7<sup>th</sup> and 22<sup>st</sup>. These are the last ones for the year!

• **Guatemala 2011** – Don’t forget to support all your fellow brothers and sisters that are going to Guatemala to aid in building a church! If you would like to know how to donate or pray for an individual, email Pastor Adam at [avodicka@southernhillsumc.org](mailto:avodicka@southernhillsumc.org).

• **Source Small Group** – We have a small group that meets every Sunday morning at 11am in the activities building. We are currently studying the implications in the book of Matthew. Please come and enjoy fellowship with each other! Email Stephanie Moore at [sdm528@gmail.com](mailto:sdm528@gmail.com) for more info.

• **Lent Series** – For this year’s season of Lent, we are studying the 5 senses and how we are called to use them during Lent to better experience the meaning of these 40 days. On Easter, we will have our services outside the church with the message entitled “Easter: God’s Final Answer” with a special time of baptisms and new members. Don’t miss out!

• **Guatemala Dinner** – On May 1<sup>st</sup>, we will be having a fundraiser in Herren Hall to support the church build in Guatemala. Janie Bowen will be hosting a Guatemala dinner with authentic Guatemalan food. Donations are appreciated as they will go towards the building and material costs of the project. Come join in this process and see lives changed!

• **UK Wesley Foundation Day** – Also on May 1<sup>st</sup>... Bill Hughes, the UK Wesley director, will be giving us the sermon in The Source with UK Wesley students leading in worship. Please come as this will be a special time at 9:30am!

[www.sourceworship.com](http://www.sourceworship.com)

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## Worship ~ Joan Wooden

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### Palm/Passion Sunday Worship filled with Music!

Palm/Passion Sunday at Southern Hills will be filled with musical offerings from all ages. The service will begin with the traditional “Entrance with the Palms,” presented by our children. In addition, both children’s choirs, as well as the Chancel Choir, will present special musical offerings in conjunction with the celebration of Jesus’ triumphal entry into Jerusalem. Our chancel choir will be accompanied by a fabulous brass quartet (including our own **Jordan Evans** on trumpet), handbells and organ. Other offerings will include our Chime Choir under the direction of **Bonnie Lynch** and a vocal solo sung by **Phil Hewett**. The service will then turn to the Passion and the Cross. This stark contrast is necessary as we journey with Jesus through Holy Week, for “there is no triumph without suffering, no crown without a cross.”\*

Please make plans to attend one of our Palm/Passion Sunday services, either 9:30 or 11:00 a.m. on Sunday, April 17.

\*From the 1992 United Methodist Book of Worship



### Sunday Worship Services April 24 8:00, 9:30, 11:00 a.m.

Easter Sunday we will offer three worship services. The times are **8:00, 9:30 and 11:00 a.m.** Our Youth Ensemble and Bob Hooker, soloist, will provide special musical offerings for the 8:00 a.m. service. Services at 9:30 and 11:00 a.m. will be identical, with offerings from our Children’s Choir, Chime Choir, brass, and Chancel Choir. Please make plans to worship with us as we celebrate the Resurrection of our Lord and Savior through Word, Proclamation, Liturgy and Song.



### Holy Week Opportunities for Worship

There will be ample opportunities for worship during Holy Week, beginning with our monthly **Taizé** service on **Wednesday**, April 20, at **6:00 p.m.** Our **Maundy Thursday** worship will begin at **6:30 p.m.** and will include the Sacrament of the Lord’s Supper, as well as a service of Tenebrae, or “darkness,” and the stripping of the altar. Our Chancel Choir will provide musical offerings to enhance this dramatic worship experience. On **Good Friday**, our sanctuary will be open for **Holy Communion from 12 noon to 6 p.m.** Please make plans to attend as many of these opportunities as possible. Participating in Christ’s suffering during this difficult week and attempting to “wrap your hearts and minds around” the extent of this sacrifice will make the realization of Christ’s resurrection on Easter Sunday even more incredible than ever before!



### Children’s Choir to Present *Oh, Jonah!*

Our children’s choir has recently begun working on their spring musical, Allen Pote’s *Oh, Jonah!*, which will be presented on Sunday afternoon, May 22. If you know of children in the 1<sup>st</sup> thru 5<sup>th</sup> grades who would like to join us for this exciting presentation, please contact Joan Wooden ([jwooden@southernhillsumc.org](mailto:jwooden@southernhillsumc.org)).

## From the Business Office ~ Bill McKinney

In an attempt to reduce unnecessary printing/copying costs (and your reading time), this month I'll just mention three things:

- Remember to use and reload your Kroger gift cards
- Consider automating your pledge through our automatic draft system
- Continue your outstanding support of this church and its missions, as reflected in the following Income/Expense report.

Respectfully,  
Bill McKinney

## United Methodist Women

**Pat Herren Circle** will be on Tuesday, April 12, at 9:30 a.m. in the Fireside Rm. Rev. Dennis Burrows will have our program, Two Men - One Faith.

**Faith Susannah Wesley Circle** will meet Wednesday, April 13, at 9:30 a.m. at the home of Carol Deaton. Janie Bowen will be speaking about her trip to Guatemala.

**Sarah Bagby Circle** will meet on Wednesday, April 13, at noon in the Fireside Room. Carlene Ott will be speaking about Human Trafficking.

**The YUM Circle** will meet on April 24. This will be the last meeting until fall. We will meet in the Fireside Room at 3:30. Childcare will be provided.

**New Life Circle** will meet on April 14, 2011 in the Reception Room at 5:30 p.m. A report will be given on the dinner our circle provided for Room in the Inn. We will report on our Hug Buddies and plans to usher for the Gotta Dance Recital. For information please call Patti Lester or Kay Griffin.

**Meade Shotwell Circle** meets at 7:00 p.m. on the second Monday of each month.



The Faith Susannah Wesley Circle will have their Spring Bake Sale, April 10. Be sure and look for us in Herren Hall. Kate's personally knitted dishcloths and some with towels to match will be available as well as the Rada Cutlery that is so popular. All proceeds go toward making a difference for Christ.

### Current Income / Expense

Thru 18 Mar 2011

	(in thousands)	% Budgeted
<b>INCOME</b>		
SHECP	203	20.9
Contributions	320	25.3
Other Income	16	26.9
<b>Total Income</b>	<b>539</b>	<b>23.5</b>
<b>EXPENSES</b>		
SHECP	219	22.6
Capital	35	29.1
Property	32	21.7
Personnel	177	23.4
Administrative	38	17.7
Education & Worship	6	11.9
Leisure & Outreach	15	50.6
<b>Total Expenses</b>	<b>523</b>	<b>22.8</b>
<b>Balance</b>	<b>16</b>	



Ladies of the Sarah Bagby Circle will be in Herren Hall on April 3, 10 and 17. Order forms may be found in your Sunday bulletin on those dates, at the Welcome Center, or at the table in Herren Hall. Plants will also be available on these dates to purchase, preview, and order. Single pots, hanging baskets, whole and half flats, will be offered.

#### **LAST DATE TO PLACE YOUR ORDER WILL BE APRIL 17**

All proceeds go to help with church projects/needs and also to local charities in our community. For questions, please call Becky Hall - 296-1197 (cell 619-8255), Helen Hubbard - 230-8719, or Glenda Walden - 299-2242.

Last year our profits went to the following: CHURCH - altar flowers, communion fund, youth trip (Guatemala), Vacation Bible School, children's equipment fund, kitchen renovation fund, Room in the Inn. OUTREACH - Methodist Home, Habitat for Humanity, Adopt-A-Family, Nathaniel Mission, Blanket Fund, Nathan's Hope, Wesley Foundation, mission education, backpack meals, Bluegrass Domestic Violence Program.

#### **UMW'S Annual May Fellowship Dinner**

The United Methodist Women extends an invitation to all women of our church to our May 4th Fellowship Dinner. Again this year we will be honoring our graduating seniors. You are welcome to bring your mothers, daughters, and granddaughters as we will be honoring multi-generations.

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## Fellowship ~ Chris Hogg

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### LOOK AT WHAT'S GOING ON IN ...

**SPRING SOFTBALL**  
(Monday nights) – Our roster is filling up for spring softball, but if you have any interest in joining us please let me know!



**EAGLES GOLF TRIP** – The Eagles and friends will be taking their annual spring golf trip to Waynesville, NC April 14-17.

**THE HIKERS** will be going on “mystery hike” on Saturday, April 16. Meet in front of the Activities building at 1:00 p.m. Don't know what mystery hike is? Come out and enjoy the spring weather with your fellow hikers and we'll all figure it out. For info call Sid Holland 537-5560.

**ZUMBA IS HERE!** One of our church's newest members, Danielle Hughes has recently been certified as a Zumba instructor. Classes will be Wednesday nights from 7 to 8 and Saturday mornings from 10 to 11 beginning April 14. The cost is \$5 per class or \$30 per month. Contact Chris Hogg if you have any questions.

**RUMMAGE SALE** – Keep in mind our second annual rummage sale to support the Guatemala mission team this summer. Contact Chris Hogg for the date and place to bring your “junk.”

### LEARN HOW TO SHARE YOUR CHRISTIAN FAITH

The Bible Diggers Sunday School Class is starting the Alpha series the first Sunday in April (April 3). It will be held during the 9:30 Sunday School time period for 10 weeks. We will watch a video and discuss it each week. The goal is to learn how to share our Christian faith with others; the host of the video, Nicky Gumbel, takes a “reaching-out & friendly” approach to addressing and discussing questions that pre-Christians might have about Christianity. Please join us and, if you want, bring a friend! Feel free to start into the class anytime during the 10 weeks.



**SHUMY YOUTH**



**Remember your Timothy Partner** -Please remember to pray for and encourage your Timothy partner! Mark your calendar for June 5<sup>th</sup> for the banquet where you can meet your partner and have some fun.

**New Study for youth group** -At our April 3<sup>rd</sup> youth meeting, we will be discussing a brand new topic: the power of the Psalms. Come and find out on Sunday nights at 5pm!

**Backpack Ministry** - Our youth group helps the Southern Hills backpacking ministry every third Wednesday of each month and we need your help! If you are a youth and would like to participate, be at the church at 5:00pm every third Wednesday...you get a cool SHUMY service tee shirt for coming!

**MAD/HAD Day** - Mark your calendars! April 6<sup>th</sup> is MAD day (Middle School Activities Day) with Cory and Jeni Fetzer and April 7<sup>th</sup> is HAD day (High School Activities Day) with Adam and Kate Vodicka. Since it will be spring break, come for the day and play laser tag, bowling, arcade games, eat, and have fun!

**\*REMINDER** – SHUMY service day is April 30<sup>th</sup>! Talk to Adam if you want to serve the community that day.

**Website** - Our new website has launched! You can find us at [www.shumyouth.org](http://www.shumyouth.org)

We invite all of our middle school and high school age students to come worship with us on Sunday nights at 5:00 p.m. Come check out youth group and bring a friend!  
-Adam Vodicka and Cory Fetzer

#### **Bible Studies**

High School guys – Waffle House on Wed. mornings, 7am (led by Adam Vodicka)

High School girls – Vodicka house on Tues. nights, 7pm (led by Kate Vodicka)

Middle School guys and girls – Fireside Room on Sunday mornings, 9:30am (led by Jeanie Thomas)

Middle School guys and girls – Youth House on Wed. nights, 7pm (led by Cory and Jeni Fetzer)



**Southern Hills  
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Permit No. 17

April 2011

**Return Services Requested**



Ministers: Dr. Bill Moore  
Rev. Dennis J Burrows  
Rev. John Hatton



# Easter Egg Hunt

April 23

9:00 a.m. to 12:00 noon  
in the Activities Building.

**Egg Hunt times:**

- 9:30 - Birth to 18 months
- 10:00 - 19 months to 3 years
- 10:30 - Preschool
- 11:00 - Kindergarten - 2nd grade
- 11:30 - 3rd through 5th grades

Our worship services may be heard on 630 WLAP-AM radio every Sunday at 8:30 A.M., brought to you by Quantrell Cadillac, Volvo and Subaru and Al Torstrick Insurance.